

GENDER IDENTITY

A person's gender identity is their experience of their gender; a sense of self as man, woman, a blend of both, another gender(s), or none. This sometimes corresponds with someone's gender expression, and sometimes it is different.

TRANSGENDER

Transgender describes people whose gender identity differs from the gender they were assigned at birth. Transgender can be a standalone identity referring to people who are transgender men or transgender women, or it can also be used to refer to gender-expansive identities more broadly.

NONBINARY & GENDER-EXPANSIVE

Nonbinary is a term for gender identities that are neither male nor female — identities that are outside the typical gender binary. Similarly, gender-expansive typically describes a person's identity that is broader than the commonly held definitions of gender and gender expression.

GENDERQUEER

Genderqueer can either serve as a stand-alone identity that describes those with a gender outside of the binary, or as an umbrella term to describe a spectrum of nonbinary gender identities.

GENDERFLUID

Genderfluid describes a gender identity that changes with time and/or a given situation. A genderfluid person may identify with more than one gender, and thus may not have an enduring gender identity.

ANDROGYNOUS

Androgynous describes a gender identity that exists in the approximate middle of the gender spectrum between "male" and "female" presentation and identity.

AGENDER

Agender describes someone who may not identify with any gender, or who may identify with a feeling of having no gender.

CISGENDER

Cisgender is a term for people whose gender identity matches the sex or gender they were assigned at birth.

HELPFUL TO KNOW

Transgender can be both a standalone identity or an umbrella term that encompasses many different gender identities, including nonbinary and gender-expansive identities, though some nonbinary/gender-expansive people do not consider themselves transgender

HELPFUL TO KNOW

How people identify may change throughout their life, or they may identify with more than one label at a time. Individual definitions and interpretations of labels may vary as well, so no one list is exhaustive. We should believe in, respect, and uplift unique identities