

## GENDER

This is a person's experience of their gender; a sense of self as man, woman, a blend of both, another gender(s), or none. This sometimes corresponds with someone's gender expression, and sometimes it is different.

### TRANSGENDER

Transgender describes people whose gender differs from the one they were assigned at birth. Transgender can be a standalone identity referring to people who are transgender men or transgender women, or it can also be used to refer to gender-expansive identities more broadly.

### NONBINARY & GENDER-EXPANSIVE

Nonbinary is a term for genders that are neither male nor female — expressions that are outside the typical gender binary. Similarly, gender-expansive typically describes a person's gender expression that is broader than the commonly held definitions of gender and gender expression.

### GENDERQUEER

Genderqueer can either serve as a stand-alone expression that describes those with a gender outside of the binary, or as an umbrella term to describe a spectrum of nonbinary genders.

### GENDERFLUID

Genderfluid describes a gender that changes with time and/or a given situation. A genderfluid person may identify with more than one gender, and thus may not have a single enduring gender.

### ANDROGYNOUS

Androgynous describes a gender that exists in the approximate middle of the gender spectrum between "male" and "female" presentation.

### AGENDER

Agender describes someone who may not identify with any gender, or who may experience a feeling of having no gender.

### CISGENDER

Cisgender is a term for people whose gender matches the sex or gender they were assigned at birth.

#### HELPFUL TO KNOW

Transgender can be both standalone or an umbrella term that encompasses many different gender identities, including nonbinary and gender-expansive identities, though some nonbinary/gender-expansive people do not consider themselves transgender

#### HELPFUL TO KNOW

People's genders may change throughout their life, or they may express more than one label at a time. Individual definitions and interpretations of labels may vary as well, so no one list is exhaustive. **We should believe in, respect, and uplift unique identities.**