

**Erica (Annie) Hart**

Denver, CO 80210

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## EDUCATION

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2022      **M.A. Psychology**  
University of Denver

Thesis: *Evolve: Understanding the Changing Bisexual Experience*

Supervisor: Kathryn Fox, PhD

GPA: 4.0

2021      **B.S. Psychology**  
University of Denver  
Major: Psychology  
Minors: Chemistry, Criminology

Thesis: *Disordered Eating Across COVID-19 in LGBTQ+ Young Adults*

Supervisor: Kathryn Fox, PhD

GPA: 3.8, *Magna Cum Laude*

## GRANTS, HONORS & SCHOLARSHIPS

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2021      Upswing Grant, Consultant (\$380,490)

2017 - 2021      Chancellor's Academic Scholarship (\$26,000)

2020      Summer Research Grant (\$3,500)

2020, 2021      Psychology Department Award, *Outstanding Research and Academic Performance*

## PUBLICATIONS

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**Hart, E. A.**, Rubin, A., Kline, K. M., & Fox, K. R. (2022). Disordered eating across COVID-19 in LGBTQ+ young adults. *Eating behaviors*, *44*, 101581.

Schleider, J.L., Mullarkey, M.C., Fox, K.R., Dobias, M.L., Shroff, A., **Hart, E.A.**, Roulston, C. (2022).

A Randomized Trial of Online Single-Session Interventions for Adolescent Depression during COVID-19. *Nature Human Behaviour*, *6*, 258-268.

<https://doi.org/10.1038/s41562-021-01235-0>

Fox, K. R., Bettis, A. H., Burke, T. A., **Hart, E. A.**, & Wang, S. B. (2021). Exploring adolescent experiences with disclosing self-injurious thoughts and behaviors across settings. *Research on child and adolescent psychopathology*, 1-13.

## PRESENTATIONS

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**Hart, E.A.**, Fox, K. R. (2022). Comparing perceived bi-erasure and bi-negativity across generations of bisexual people. In Roger, M. L. (Chair), Stress and suicide risk: Perspectives from minoritized and cross-cultural populations. Panel presented at the convention for the Anxiety and Depression Association of America, Denver, CO.

## RESEARCH EXPERIENCE

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*Primary area of research:* Non-suicidal self-injury (NSSI), suicidal thoughts and behavior, and disordered eating with a focus on LGBTQ+ youth.

May 2021 - Present      **Principal Investigator, Master's Thesis**

Fox Lab  
University of Denver, Denver, CO

*Project Title:* Evolve: Understanding the Changing Bisexual Experience

*Description:* Investigating the generational patterns of bisexual erasure and discrimination and resulting mental health implications.

- Extensive literature review for project creation; compiled and modified measures to capture research question
- Design research methods for single time point quantitative study design
- Proposed project to thesis committee
- Prepare and update IRB project materials
- Develop and administer study via Qualtrics
- Create social media ads for recruitment; manage online recruitment of 2,300 bisexual participants between ages 13 - 40 via social media
- Manage all data collection and participant compensation
- Clean, process, and analyze data in R Studio
- *Upcoming (Spring 2022):* Complete thesis oral defense and publish study manuscript

*Faculty Advisor:* Kathryn Fox, PhD

Jan 2020 - Nov 2021      **Research Assistant**

Fox Lab  
University of Denver, Denver, CO

*Project Title:* Disordered Eating Across COVID-19 in LGBTQ+ Young Adults

*Description:* Examining changes in disordered eating behaviors across COVID-19 within an LGBTQ+ sample, with a particular focus on differences across sexual and gender identities, and the impact of social support on these outcomes. Independent research project derived from data collected for Project SIPS (Social Isolation Perception Study).

- Translated study measures into Qualtrics; coded complex display logic and study flow
- Designed social media ads for recruitment; managed recruitment of 1,324 LGBTQ+ participants between ages 18 - 30 via social media
- Organized participant data and tracked participant records
- Conducted independent research project examining differences in eating pathology within sexual and gender minorities over COVID-19 from data collected that resulted in published first-author manuscript
- Cleaned and organized data for analysis in R Studio

*Faculty Advisor:* Kathryn Fox, PhD

Jan 2020 - Present

**Research Assistant**

Fox Lab

University of Denver, Denver, CO

*Project Title:* Understanding Teen & Young Adult Decision Making

*Description:* Laboratory approximation of NSSI, using a safe laboratory pain device, to experimentally test popular theories of NSSI engagement in adolescents.

- Translate study measures into Qualtrics
- Schedule study participants
- Guide participants through study procedures in lab, including assent, debriefing, and instruction for use of pain device
- Administer mood inductions to participants in lab according to study conditions
- Train new research assistants on data collection procedures and delegate tasks
- Conduct suicide risk assessments and safety plans

*Faculty Advisor:* Kathryn Fox, PhD

Nov 2019 - Present

**Research Assistant**

Fox Lab

University of Denver, Denver, CO

*Miscellaneous*

- Create lab materials (e.g., risk assessment flowcharts, procedure checklists) to assist Fox Lab research assistants

- Conduct suicide risk assessments and safety plans
- Create infographics and mental health resource guides for lab participants, parents, and the Psychology Clinic at the University of Denver
- Design social media ads to recruit for online studies
- Execute online study recruitment, recruited approximately 10,000 participants (aged 13 - 40, including LGBTQ+ participants with histories of suicidal thoughts and behaviors) over 4 projects
- Onboard new research assistants and teach research procedures, data collection, and research etiquette
- Assist in collecting appropriate study measures and translating them into Qualtrics with necessary eligibility logic and accessibility for youth
- Website design using Wix
- Editing design of online treatment interventions based on feedback from youth

## CLINICAL EXPERIENCE

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2020 - 2021    **Youth Treatment Counselor, Intern**  
*Denver Children's Home, Denver, CO*

**Responsibilities:**

Trained in Therapeutic Crisis Intervention working with adolescents in residential treatment facility for trauma-related disorders and mental health difficulties. Provided therapeutic care to clients in their dorm environments; structured daily schedules according to client programming, ensured a safe and inclusive environment, prevented and managed crises as they arose, aided clients in residential life to keep focus on their individual treatment.

## TEACHING EXPERIENCE

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2019 - 2021    **Tutor**  
*Universal Achievement*

**Responsibilities:**

Individual instruction for elementary, middle, and high school students in all subjects.

## WORK EXPERIENCE

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2022 - Present    **Project Coordinator**  
*Fox Lab*

**Responsibilities:**

Coordination of ongoing lab projects, including task delegation, peer review of intervention materials, and collaboration on project drafting and execution.

2019 - 2021    **Personal Assistant**

*TA* *Volgenau Art*

**Responsibilities:**

Close collaboration with professionals to manage and build outreach, maintain professional social media presence, design promotional materials, and handle finances.

**RELEVANT SKILLS**

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**Management and Design Services**

Proficient - Microsoft Office programs, Qualtrics, Mailchimp

**Data Analysis**

Working knowledge - R programming, SPSS

**Graphic Design and Illustration**

Skilled - Canva, Procreate, Wix, ArtStoreFronts, GoDaddy, video editing

**Miscellaneous**

Advertising, social media management and growth, event promotion, product development and promotion, sales management, customer service, subscriber data analysis