

Erica (Annie) Hart
Denver, CO 80210
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EDUCATION

- 2022 **M.A. Psychology**
University of Denver
- Thesis: *Evolve: Understanding the Changing Bisexual Experience*
Supervisor: Kathryn Fox, PhD
GPA: 4.0
- 2021 **B.S. Psychology**
University of Denver
Major: Psychology
Minors: Chemistry, Criminology
- Thesis: *Disordered Eating Across COVID-19 in LGBTQ+ Young Adults*
Supervisor: Kathryn Fox, PhD
GPA: 3.8, *Magna Cum Laude*

GRANTS, HONORS & SCHOLARSHIPS

- 2021 Upswing Grant, Consultant (\$380,490)
- 2017 - 2021 Chancellor's Academic Scholarship (\$26,000)
- 2020 Summer Research Grant (\$3,500)
- 2020, 2021 Psychology Department Award, *Outstanding Research and Academic Performance*

PUBLICATIONS

- Hart, E. A.**, Rubin, A., Kline, K. M., & Fox, K. R. (2022). Disordered eating across COVID-19 in LGBTQ+ young adults. *Eating behaviors*, *44*, 101581.
- Schleider, J.L., Mullarkey, M.C., Fox, K.R., Dobias, M.L., Shroff, A., **Hart, E.A.**, Roulston, C. (2022).
A Randomized Trial of Online Single-Session Interventions for Adolescent Depression during COVID-19. *Nature Human Behaviour*, *6*, 258-268.
<https://doi.org/10.1038/s41562-021-01235-0>
- Fox, K. R., Bettis, A. H., Burke, T. A., **Hart, E. A.**, & Wang, S. B. (2021). Exploring adolescent experiences with disclosing self-injurious thoughts and behaviors across settings. *Research on child and adolescent psychopathology*, 1-13.

PRESENTATIONS

Hart, E.A., Fox, K. R. (2022). Comparing perceived bi-erasure and bi-negativity across generations of bisexual people. In Roger, M. L. (Chair), Stress and suicide risk: Perspectives from minoritized and cross-cultural populations. Panel presented at the convention for the Anxiety and Depression Association of America, Denver, CO.

RESEARCH EXPERIENCE

Primary area of research: Non-suicidal self-injury (NSSI), suicidal thoughts and behavior, and disordered eating with a focus on LGBTQ+ youth.

May 2021 - June 2022 **Principal Investigator, Master's Thesis**

Fox Lab
University of Denver, Denver, CO

Project Title: Evolve: Understanding the Changing Bisexual Experience

Description: Investigating the generational patterns of bisexual erasure and discrimination and resulting mental health implications.

- Extensive literature review for project creation; compiled and modified measures to capture research question
- Design research methods for single time point quantitative study design
- Proposed project to thesis committee
- Prepare and update IRB project materials
- Develop and administer study via Qualtrics
- Create social media ads for recruitment; manage online recruitment of 2,300 bisexual participants between ages 13 - 40 via social media
- Manage all data collection and participant compensation
- Clean, process, and analyze data in R Studio
- *Upcoming (Spring 2022):* Complete thesis oral defense and publish study manuscript

Faculty Advisor: Kathryn Fox, PhD

Jan 2020 - Nov 2021 **Research Assistant**

Fox Lab
University of Denver, Denver, CO

Project Title: Disordered Eating Across COVID-19 in LGBTQ+ Young Adults

Description: Examining changes in disordered eating behaviors across COVID-19 within an LGBTQ+ sample, with a particular focus on differences across sexual and gender identities, and the impact of social support on these outcomes. Independent research project derived from data collected for Project SIPS (Social Isolation Perception Study).

- Translated study measures into Qualtrics; coded complex display logic and study flow
- Designed social media ads for recruitment; managed recruitment of 1,324 LGBTQ+ participants between ages 18 - 30 via social media
- Organized participant data and tracked participant records
- Conducted independent research project examining differences in eating pathology within sexual and gender minorities over COVID-19 from data collected that resulted in published first-author manuscript
- Cleaned and organized data for analysis in R Studio

Faculty Advisor: Kathryn Fox, PhD

Jan 2020 - June 2022

Research Assistant

Fox Lab

University of Denver, Denver, CO

Project Title: Understanding Teen & Young Adult Decision Making

Description: Laboratory approximation of NSSI, using a safe laboratory pain device, to experimentally test popular theories of NSSI engagement in adolescents.

- Translate study measures into Qualtrics
- Schedule study participants
- Guide participants through study procedures in lab, including assent, debriefing, and instruction for use of pain device
- Administer mood inductions to participants in lab according to study conditions
- Train new research assistants on data collection procedures and delegate tasks
- Conduct suicide risk assessments and safety plans

Faculty Advisor: Kathryn Fox, PhD

Nov 2019 - June 2022

Research Assistant

Fox Lab

University of Denver, Denver, CO

Miscellaneous

- Create lab materials (e.g., risk assessment flowcharts, procedure checklists) to assist Fox Lab research assistants

- Conduct suicide risk assessments and safety plans
- Create infographics and mental health resource guides for lab participants, parents, and the Psychology Clinic at the University of Denver
- Design social media ads to recruit for online studies
- Execute online study recruitment, recruited approximately 10,000 participants (aged 13 - 40, including LGBTQ+ participants with histories of suicidal thoughts and behaviors) over 4 projects
- Onboard new research assistants and teach research procedures, data collection, and research etiquette
- Assist in collecting appropriate study measures and translating them into Qualtrics with necessary eligibility logic and accessibility for youth
- Website design using Wix
- Editing design of online treatment interventions based on feedback from youth

CLINICAL EXPERIENCE

2022

Outpatient Therapist

Mount Saint Vincent Home

Responsibilities:

Managed an individual caseload of clients (ages 3 -18) seeking individual outpatient therapy services. Responsible for providing mental health assessment and diagnoses, treatment planning, counseling intervention services, as well as continually monitoring and documenting patient progress and outcomes. Implemented clinically approved modalities, including but not limited to the use of Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Play Therapy, Movement Therapy, and Internal Family Systems approaches in accordance with client needs. Delivered psycho-education to aid the adoption of a trauma-informed approach to clients and their families depending on their needs both in individual services and in the home.

2020 - 2021

Youth Treatment Counselor, Intern

Denver Children's Home, Denver, CO

Responsibilities:

Trained in Therapeutic Crisis Intervention working with adolescents in residential treatment facility for trauma-related disorders and mental health difficulties. Provided therapeutic care to clients in their dorm environments; structured daily schedules according to client programming, ensured a safe and inclusive environment, prevented and managed crises as they arose, aided clients in residential life to keep focus on their individual treatment.

TEACHING EXPERIENCE

2019 - 2021 **Tutor**
Universal Achievement

Responsibilities:

Individual instruction for elementary, middle, and high school students in all subjects.

WORK EXPERIENCE

2022 - Present **Project Coordinator**
Fox Lab

Responsibilities:

Coordination of ongoing lab projects, including task delegation, peer review of intervention materials, and collaboration on project drafting and execution.

2019 - 2021 **Personal Assistant**
TAVolgenau Art

Responsibilities:

Close collaboration with professionals to manage and build outreach, maintain professional social media presence, design promotional materials, and handle finances.

RELEVANT SKILLS

Management and Design Services

Proficient - Microsoft Office programs, Qualtrics, Mailchimp

Data Analysis

Working knowledge - R programming, SPSS

Graphic Design and Illustration

Skilled - Canva, Procreate, Wix, ArtStoreFronts, GoDaddy, video editing

Miscellaneous

Advertising, social media management and growth, event promotion, product development and promotion, sales management, customer service, subscriber data analysis

Updated February 2023